

## Georgia Bikes Safety Education Classes

### Bicycle Safety Instructional Rides

This class is developed by Nedra Deadwyler, Safety Education Program Manager, an abridged Traffic Skills 101 (TS 101). During this two-hour class, participants will actively learn safe riding practices while riding a bike ride.

#### **In this class you will learn:**

Bike Basics

Rules of the Road

Bike Safety

**Requirement(s):** For this class, participants are required to know how to ride a bike and must bring their own bicycle and helmet.

**Cost:** Free

### Traffic Skills 101 (Smart Cycling)

This class is designed by The League of American Bicyclists, founded in 1880 organized to pave roads for transportation and recreation and continues today to promote safe cycling and create a bicycle-friendly American. The TS 101 was developed to increase your knowledge and expertise in the art and science of bicycling. This class is also the first step to becoming a League Certified Instructor (LCI). TS 101 is designed to enhance one's ability to "use a bicycle with confidence and competence" anywhere and any conditions. And is a total of 9 hours, 4 hours of classroom instruction and 5 hours of hands-on and bike-on instruction.

#### **In this class you will learn:**

Bicycle Basics

Rules of the Road

Bicycle handling and safety skills and maneuvers

**Requirement(s):** For this class, participants are required to know how to ride a bike and must bring their own bicycle and helmet.

**Cost:** \$30/ \$20

### Law Enforcement Training

Bicycle Basics for Law Enforcement as designed by Georgia Bikes and follows the guidelines of Georgia State Law, best practices and is 1.5 hours long. POST-certified course ID, NTE04G

#### **In this class you will learn:**

Who is a Bicyclist?

Georgia Bicycle Laws- What are the rights and responsibilities of a cyclist? How do laws apply to people on bicycles?

Common violations of Motorists or Bicyclists – What to enforce?

Crash Data/ What to be aware of in a crash

Important Legislation

Important things to be aware of about bicyclists – 3/ 5 foot rule, How to avoid hazards, lane positioning, bike infrastructure

Safety issues – sidewalks, helmets, lights

**Cost:** FREE